

Name _____ Date: _____

The Alcohol Use Disorders Identification Test (AUDIT), developed in 1982 by the World Health Organization, is a simple way to screen and identify people at risk of alcohol problems.

1. How often do you have a drink containing alcohol?

- (1) Never (Skip to Questions 9-10)
- (2) Monthly or less
- (3) 2 to 4 times a month
- (4) 2 to 3 times a week
- (5) 4 or more times a week

1. How many drinks containing alcohol do you have on a typical day when you are drinking?

- (1) 1 or 2
- (2) 3 or 4
- (3) 7,8, or 9
- (4) 10 or more

2. How often do you have six or more drinks on one occasion?

- (1) Never
- (2) Less than monthly
- (3) Monthly
- (4) Weekly
- (5) Daily or almost daily

3. How often during the last year have you found that you were not able to stop drinking once you had started?

- (1) Never
- (2) Less than monthly
- (3) Monthly
- (4) Weekly
- (5) Daily or almost daily

4. How often during the last year have you failed to do what was normally expected from you because of drinking?

- (1) Never
- (2) Less than monthly
- (3) Monthly
- (4) Weekly
- (5) Daily or almost daily

5. During the last year have you been unable to remember what happened the night before because you had been drinking?

- (1) Never
- (2) Less than monthly
- (3) Monthly
- (4) Weekly
- (5) Daily or almost daily

6. How often during the last year have you needed an alcoholic drink first thing in the morning to get yourself going after a night of heavy drinking?

- (1) Never
- (2) Less than monthly
- (3) Monthly
- (4) Weekly
- (5) Daily or almost daily

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

- (1) Never
- (2) Less than monthly
- (3) Monthly
- (4) Weekly
- (5) Daily or almost daily

8. Have you or someone else been injured as a result of your drinking?

- (0) No
- (2) Yes, but not in the last year
- (4) Yes, during the last year

9. Has a relative, friend, doctor, or another health professional expressed concern about your drinking or suggested you cut down?

- (0) No
- (2) Yes, but not in the last year
- (4) Yes, during the last year